MARCH EVENTS & ACTIVITIES

TRADITIONS

MANAGED BY SURPASS SENIOR LIVING **MCF #104579**

surpass SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **1**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **2**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **3**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **4**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **5**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **6**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **7**
8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **8**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **9**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **10**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **11**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **12**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **13**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **14**
8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **15**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **16**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **17**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **18**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **19**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **20**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **21**
8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **22**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **23**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **24**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **25**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **26**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **27**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **28**
8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **29**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Prop Fitness 9:30 Finish the Cliché 10:00 Stories of Inspiration 10:30 Find The Object 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Bob Appetite Baking 3:00 Card Creations for Montessori Kids 3:30 Getting to Know You 4:00 Helping Hands **30**	8:45 Rise & Shine Morning Greet & Prayer 9:00 Balloon Volleyball 9:30 Dear Abby 10:00 Bible Stories 10:30 Coupon Clippers Grocery Game 11:00 Helping Hands 1:00 Music Appreciation 2:00 Walking Club 2:30 Fabulous Foodies Cooking Group 3:00 Letter Writing 3:30 Lifestories & Refreshments 4:00 Helping Hands **31**	**Special Events** **Friday March 13th @ 10:30am:** Live Music with Norris Perry **Friday March 20th @ 10:30am:** Live Music with Toney Walsh **Note: Scheduled activities and events are subject to change without prior notice. Please see Life Enrichment staff for any possible changes and/or updates.**	Happy Birthday **Audrey T 7th** **Olga F 25th** **Bernie J 29th**	**Dimensions of Wellness** Social Physical Community Connections Intergenerational Spiritual Intellectual Emotional	**Evening Activities** **Sunday, Monday, Thursday & Friday** 6:00 Deep Breathing & Relaxation 6:30 Evening Devotional & Prayer **Tuesday, Wednesday & Saturday** 6:00 Yoga Stretch 6:30 HymnSing

THE IVY OF McKINNEY