

MARCH EVENTS & ACTIVITIES

ASSISTED LIVING

MANAGED BY SURPASS SENIOR LIVING ALF # 104787



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
1	2	3	4	5	6	7		
<p>9:00 Visiting Communion with St. Jude's</p> <p>9:30 Brew & Bites in the Bistro- 1</p> <p>10:30 Church Service & Communion- 2</p> <p>12:00 Trader Joe's Flower Pick Up- Fireplace</p> <p>2:00 Brainbusters Puzzle Challenge- R</p> <p>2:00 Ice Cream Social in the Lobby- L</p> <p>2:30 Afternoon Walking Club- L</p> <p>5:00 Evening Movie: Steel Magnolias- 3</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 Chair Yoga with Jennifer- 2</p> <p>11:00 "Mind Benders" Group Games- 2</p> <p>2:00 Monday Sundae Bar- L</p> <p>2:15 Activity Planning Meeting- DR</p> <p>3:00 Mexican Train with Jennifer- DR</p> <p>3:30 Mimosa & Music Monday- L</p> <p>6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 Dance Fitness: Irish Step Dance- 2</p> <p>11:00 "The Fit Brain" with Jennifer- 2</p> <p>2:00 Cooking Class: Cheesy Irish Potato Pancakes - DR</p> <p>3:15 Ceramics Painting with Jennifer- DR</p> <p>6:00 Brew & Bites in the Bistro- 1</p>	<p>10:00 The Treasure Chest Thrift Store - O</p> <p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:00 "Thin to Win" Exercise with Reliant Home Health- 2</p> <p>10:30 Bible Study with Pastor Marc- 2</p> <p>2:00 Walmart- O</p> <p>2:30 Game Day: Wheel of Fortune- DR</p> <p>3:30 Wine & Western Wednesday- L</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:15 Meditative Breathing & Stretch- 2</p> <p>10:45 Glimpse Into History: Ireland- 2</p> <p>1:00 Resident Only Council Meeting- 2</p> <p>1:15 Town Hall Meeting- 2</p> <p>2:00 .25 Bingo Maniacs- DR</p> <p>3:15 Chef's Chats- DR</p> <p>6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 Dollar Tree/Albertsons- O</p> <p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 "The Blessing Hour" Worship- 2</p> <p>10:30 Mad Gab Friday Challenge- R</p> <p>2:30 Happy Hour with Byron Haynie: Country Classics – DR</p> <p>3:30 Stories of Inspiration- R</p> <p>6:00 Brew & Bites in the Bistro- 1</p>	<p>9:30 Brew & Bites in the Bistro- 1</p> <p>10:00 Physical Fitness Challenge- R</p> <p>10:30 Brainbusters Puzzle Challenge- R</p> <p>2:00 \$10 Jackpot Bingo - DR</p> <p>3:00 Ice Cream Sandwiches- L</p> <p>3:30 Good News of the Day- R</p> <p>6:00 Brew & Bites in the Bistro- 1</p>		
8	9	10	11	12	13	14		
<p>9:00 Visiting Communion with St. Jude's</p> <p>9:30 Brew & Bites in the Bistro- 1</p> <p>10:30 Church Service with Jennifer- 2</p> <p>12:00 Trader Joe's Flower Pick Up- Fireplace</p> <p>2:00 Brainbusters Puzzle Challenge- R</p> <p>2:00 Ice Cream Social in the Lobby- L</p> <p>2:30 Afternoon Walking Club- L</p> <p>5:00 Evening Movie: The Sixth Sense - 3</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 Chair Yoga with Jennifer- 2</p> <p>11:00 Sharing Oral Histories- 2</p> <p>2:00 Monday Sundae Social- L</p> <p>2:15 Reliant Workshop: Spring Health-DR</p> <p>3:00 Rummikub with Jennifer- DR</p> <p>3:45 Mimosa and Music Monday- L</p> <p>6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 Dance Fitness: Irish Step Dance- 2</p> <p>11:00 "The Fit Brain" with Jennifer- 2</p> <p>2:00 "Craft Creations" Spring Door Décor- DR</p> <p>3:30 St. Patrick's Trivia: Pick up at Front Desk-DR</p> <p>6:00 Brew & Bites in the Bistro- 1</p>	<p>10:00 Interurban Railway Museum- O</p> <p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:00 "Thin to Win" Exercise with Reliant Home Health- 2</p> <p>10:30 Bible Study Angel Hands Hospice- 2</p> <p>2:00 Target- O</p> <p>2:30 Game Day: Family Feud- DR</p> <p>3:30 Wine & Western Wednesday- L</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:15 Meditative Breathing & Stretch- 2</p> <p>10:45 Glimpse Into History: St. Patrick- L</p> <p>1:00 Executive Director Meeting with Sara Jane- 2</p> <p>2:00 .25 Bingo Maniacs- DR</p> <p>3:30 Gospel Hits on DVD- 3</p> <p>6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 Belk- O</p> <p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 "The Blessing Hour" Worship- 2</p> <p>10:30 Mad Gab Friday Challenge- R</p> <p>12:00 Happy Birthday Happy Hour with Tony P: "Music to Dance To" – DR</p> <p>3:30 Stories of Inspiration- R</p> <p>6:00 Brew & Bites in the Bistro- 1</p>	<p>9:30 Brew & Bites in the Bistro- 1</p> <p>10:00 Physical Fitness Challenge- R</p> <p>10:30 Brainbusters Puzzle Challenge- R</p> <p>2:00 \$10 Jackpot Bingo - DR</p> <p>3:00 Ice Cream Sandwiches- L</p> <p>3:30 Good News of the Day- R</p> <p>6:00 Brew & Bites in the Bistro- 1</p>		
15	16	17	18	19	20	21		
<p>9:00 Visiting Communion with St. Jude's</p> <p>9:30 Brew & Bites in the Bistro- 1</p> <p>10:30 Church Service with Jennifer- 2</p> <p>12:00 Trader Joe's Flower Pick Up- Fireplace</p> <p>2:00 Brainbusters Puzzle Challenge- R</p> <p>2:00 Ice Cream Social in the Lobby- L</p> <p>2:30 Afternoon Walking Club- L</p> <p>5:00 Evening Movie: The Green Mile- 3</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 Chair Yoga with Jennifer- 2</p> <p>11:00 Through the Decades: The 20's- 2</p> <p>2:00 Monday Sundae Social- L</p> <p>2:15 Discovery Series: Aural Therapy - DR</p> <p>3:00 Mexican Train with Jennifer- DR</p> <p>3:45 Mimosa & Music Monday- L</p> <p>6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 Dance Fitness: Beginner Irish Jig- 2</p> <p>11:00 "The Fit Brain" with Jennifer- 2</p> <p>2:00 St. Patrick's Day Celebration with Live Music- DR</p> <p>3:15 Art Fundamentals with Sara Jane-DR</p> <p>6:00 Brew & Bites in the Bistro- 1</p>	<p>10:00 Cinemark Movie Theater- O</p> <p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:00 "Thin to Win" Exercise with Reliant Home Health- 2</p> <p>10:30 Bible Study with Pastor Marc- 2</p> <p>2:00 Walmart- O</p> <p>2:30 Game Day: Millionaire- DR</p> <p>3:30 Wine & Western Wednesday- L</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:15 Meditative Breathing & Stretch- 2</p> <p>10:45 Glimpse Into History: The Season of Lent- 2</p> <p>1:30 Gospel Hits on DVD- 3</p> <p>2:00 .25 Bingo Maniacs- DR</p> <p>3:15 Chef's Chats with Diop- DR</p> <p>6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 Marshalls- O</p> <p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 "The Blessing Hour" Worship- 2</p> <p>10:30 Mad Gab Friday Challenge- R</p> <p>2:30 Happy Hour with Monte Slaver: Great American Classics- DR</p> <p>3:30 Stories of Inspiration- R</p> <p>6:00 Brew & Bites in the Bistro- 1</p>	<p>9:30 Brew & Bites in the Bistro- 1</p> <p>10:00 Physical Fitness Challenge- R</p> <p>10:30 Brainbusters Puzzle Challenge- R</p> <p>2:00 \$10 Jackpot Bingo – DR</p> <p>3:00 Ice Cream Sandwiches- L</p> <p>3:30 Good News of the Day- R</p> <p>6:00 Brew & Bites in the Bistro- 1</p>		
22	23	24	25	26	27	28		
<p>9:00 Visiting Communion with St. Jude's</p> <p>9:30 Brew & Bites in the Bistro- 1</p> <p>10:30 Church Service with Jennifer- 2</p> <p>12:00 Trader Joe's Flower Pick Up- Fireplace</p> <p>2:00 Brainbusters Puzzle Challenge- R</p> <p>2:00 Ice Cream Social in the Lobby- L</p> <p>2:30 Afternoon Walking Club- L</p> <p>5:00 Evening Movie: Lean on Me- 3</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 Chair Yoga with Jennifer- 2</p> <p>11:00 "Take A Bow" Drama Class- 2</p> <p>2:00 Kick-Off to One Week University Welcome Reception- DR</p> <p>2:15 One Week University: <i>The Dimensions of Wellness</i> with Jennifer- DR</p> <p>6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 Dance Fitness: Merengue - 2</p> <p>11:00 "The Fit Brain" with Jennifer- 2</p> <p>2:00 One Week University: <i>Vow To Wow</i> with Pro Heritage Therapy - DR</p> <p>3:15 Gift Baskets for The Samaritan Inn Shelter- DR</p> <p>6:00 Brew & Bites in the Bistro- 1</p>	<p>10:00 Games with Montessori Kids- O</p> <p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:00 "Thin to Win" Exercise with Reliant Home Health- 2</p> <p>10:30 Bible Study- 2</p> <p>2:00 Target- O</p> <p>2:00 One Week University: Dr. Lisa Bennett <i>Medical Myths & Your Health</i>-DR</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:15 Meditative Breathing & Stretch- 2</p> <p>10:45 Glimpse Into History: Exploring Women's History Month- 2</p> <p>2:00 One Week University: "Take Control of your Health" Wellness Clinic - DR</p> <p>6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 Ross- O</p> <p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 "The Blessing Hour" Worship- 2</p> <p>10:30 Mad Gab Friday Challenge- R</p> <p>2:00 One Week University Graduation-DR</p> <p>2:30 Happy Hour with Steve Christeans: The Classics on Guitar– DR</p> <p>6:00 Brew & Bites in the Bistro- 1</p>	<p>9:30 Coffee & Snacks in the Bistro- 1</p> <p>10:00 Physical Fitness Challenge- R</p> <p>10:30 Brainbusters Puzzle Challenge- R</p> <p>2:00 \$10 Jackpot Bingo – DR</p> <p>3:00 Ice Cream Sandwiches- L</p> <p>3:30 Good News of the Day- R</p> <p>6:00 Brew & Bites in the Bistro- 1</p>		
29	30	31	AROUND THE WORLD			LEGEND		
<p>9:00 Visiting Communion with St. Jude's</p> <p>9:30 Brew & Bites in the Bistro- 1</p> <p>10:30 Church Service with Jennifer- 2</p> <p>12:00 Trader Joe's Flower Pick Up- Fireplace</p> <p>2:00 Brainbusters Puzzle Challenge- R</p> <p>2:00 Ice Cream Social in the Lobby- L</p> <p>2:30 Afternoon Walking Club- L</p> <p>5:00 Evening Movie: Stand By Me- 3</p>	<p>9:00 Choctaw Casino</p> <p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 Chair Yoga with Jennifer- 2</p> <p>11:00 Good News Crew- 2</p> <p>2:00 Monday Sundae Social- L</p> <p>2:30 Cooking Demo with Chef Diop- DR</p> <p>3:45 Mimosa & Music Monday- L</p> <p>6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 Famous Brands Clothing Sale- L</p> <p>10:00 "Rise & Shine" Ivy Snack Cart- L</p> <p>10:30 Dance Fitness: Cha Cha - 2</p> <p>11:00 "The Fit Brain" with Jennifer- 2</p> <p>2:00 Cooking Class: 3 Ingredient Recipes- DR</p> <p>3:15 Art Fundamentals with Sara Jane-DR</p> <p>6:00 Brew & Bites in the Bistro- 1</p>	<p>This month we travel to</p> <h2>IRELAND</h2> <p>Join us as we explore our region of the month and check your calendar for days, times and locations of this month's events. If you have a special story, pictures or anything else you would like to share, please see the Resident Program Director</p> 			<p>L: Lobby</p> <p>1: 1st Floor</p> <p>2: 2nd Floor Activity Room</p> <p>3: 3rd Floor Activity Room</p> <p>P: Front Porch</p> <p>R: Receptionist</p>	<p>Social</p> <p>Physical</p> <p>Community Connections</p> <p>Intergenerational</p> <p>Spiritual</p> <p>Intellectual</p> <p>Emotional</p>	<p>Say Happy Birthday to our March babies!</p> <p>Ginger H. 1st</p> <p>Jim N. 4th</p> <p>Edgar L 8th</p> <p>Cecelia C 15th</p> <p>Dot B 15th</p> <p>Faye P 23rd</p> 

Note: Scheduled activities and events are subject to change without prior notice. Please see Life Enrichment staff for any possible changes and/or updates.