APRIL EVENTS & ACTIVITIES

TRADITIONS

MANAGED BY SURPASS SENIOR LIVING **MCF #104579**

surpass • SENIOR LIVING •

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
"The beautiful spring came, and when nature resumes her loveliness, the human soul is apt to revive also." *–Harriet Ann Jacobs* **Note: Due to unforeseen circumstances, scheduled activities and events are subject to change. The Daily Sheets have the most up-to-date information.**		**Dimensions of Wellness** • Social • Physical • Community Connections • Intergenerational • Spiritual • Intellectual • Emotional	7:00 Rise & Shine – Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 1	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 2	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 3	7:00 Rise & Shine - Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 4
7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 5	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 6	7:00 Rise & Shine – Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 7	7:00 Rise & Shine – Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 8	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 9	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 10	7:00 Rise & Shine - Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 11
7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 12	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 13	7:00 Rise & Shine – Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 14	7:00 Rise & Shine – Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 15	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 16	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 17	7:00 Rise & Shine - Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 18
7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 19	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 20	7:00 Rise & Shine – Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 21	7:00 Rise & Shine – Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 22	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 23	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 24	7:00 Rise & Shine - Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 25
7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 26	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 27	7:00 Rise & Shine – Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 28	7:00 Rise & Shine – Celebrate a New Day! 9:00 Balloon Volleyball 9:30 Good News Stories 10:00 Psalms of Comfort 10:30 Guess the Word 11:00 Helping Hands 1:00 Rest/Renew 2:00 Stretch and Tone 2:30 Baker's Delight 3:00 Postcard Project 3:30 Life Stories 4:00 Helping Hands 29	7:00 Rise & Shine - Celebrate a New Day! 9:00 Prop Fitness 9:30 Finish the Phrase 10:00 Angels All Around 10:30 Categories/Trivia 11:00 Helping Hands 1:00 Rest/Renew 2:00 Walking to the Beat 2:30 Homemade Goodness 3:00 Crafter's Workshop 3:30 Best Friends Know 4:00 Helping Hands 30	**Special Holidays/Events** Passover Begins: April 8th Good Friday: April 10th Easter: April 12th Earth Day: April 22nd	**Evening Activities** **Sunday, Monday, Thursday & Friday** 6:00 Deep Breathing & Relaxation 6:30 Evening Devotional & Prayer **Tuesday, Wednesday & Saturday** 6:00 Yoga/Meditation 6:30 Inspired by Music

THE IVY OF McKINNEY