



JANUARY EVENTS & ACTIVITIES

ASSISTED LIVING

MANAGED BY SURPASS SENIOR LIVING



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
AROUND THE WORLD		LEGEND		1	2	3	
<p>This month we travel to</p> <p>CHINA</p> <p>Join us as we explore our region of the month and check your calendar for days, times and locations of this month's events. If you have a special story, pictures or anything else you would like to share, please see the Resident Program Director</p> 		<p>L: Lobby 1: 1st Floor 2: 2nd Floor Activity Room 3: 3rd Floor Activity Room P: Front Porch R: Receptionist</p> <p>Social Physical Community Connections Intergenerational Spiritual Intellectual Emotional</p>		<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:00 "Thin to Win" Exercise with Reliant Home Health-2 10:30 Country Gospel Hits on DVD- 3 2:00 Movie Matinee: An Affair To Remember- 3 3:30 New Years Day Fun Facts- L</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:15 Tai Chi Exercise Class- 2 10:30 Glimpse Into History: China- 2 1:30 History of the Bible Documentary- 3 2:00 .25 Bingo Maniacs- DR 3:15 Resident Only Council Meeting- 2 3:30 Town Hall Meeting- 2 6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 Dollar Tree/Albertsons- O 10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 "The Blessing Hour" Worship- 2 10:30 Mad Gab Friday Challenge- R 2:30 Happy Hour with Dave Eagleston: The Great American Songbook – DR 3:30 Stories of Inspiration- R 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>9:30 Coffee & Snacks in the Bistro- 1 10:00 Physical Fitness Challenge- R 10:30 Brainbusters Puzzle Challenge- R 2:00 .25 Bingo Maniacs- DR 3:00 Ice Cream Sandwiches- L 3:30 Top News of the Day- R 6:00 Coffee & Snacks in the Bistro- 1</p>
5	6	7	8	9	10	11	
<p>9:00 Visiting Communion with St. Jude's 9:30 Coffee & Snacks in the Bistro- 1 10:30 Church Service with Jennifer- 2 12:00 Trader Joe's Flower Pick Up- Fireplace 2:00 Brainbusters Puzzle Challenge- R 2:00 Ice Cream Soda Sunday- L 3:00 Movie Matinee: Secondhand Lions- 3 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 Chair Yoga with Jennifer- 2 11:00 "Mind Benders" Group Games- 2 2:00 Monday Sundae Social- L 2:15 Jeopardy Challenge!- DR 3:00 Residents Choice Card Games- 2 6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 Dance Fitness: Chinese Fans- 2 11:00 Morning Mental Fitness- 2 2:00 Cooking Class: Chinese Egg Rolls- DR 3:15 "Craft Creations" Chinese Fans- DR 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>10:00 Chestnut Square Historical Drive- O 10:00 "Rise & Shine" Ivy Snack Cart- L 10:00 "Thin to Win" Exercise with Reliant Home Health- 2 10:30 Bible Study with Mark - 2 2:00 Walmart- O 3:00 Wine & Western Wednesday- L</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:15 Tai Chi Exercise Class- 2 10:30 Glimpse Into History: Chinese Dynasties- 2 1:30 The Jesus Story: Flight of Faith- 3 2:00 .25 Bingo Maniacs- DR 3:15 "Chef's Chats" Food Committee- DR 6:00 Family Night Meeting- DR</p>	<p>10:00 Ross- O 10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 "The Blessing Hour" Worship- 2 10:30 Mad Gab Friday Challenge- R 12:00 Birthday Luncheon with Tony P: Music To Get You Dancing – DR 3:30 Stories of Inspiration- R 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>9:30 Coffee & Snacks in the Bistro- 1 10:00 Physical Fitness Challenge- R 10:30 Brainbusters Puzzle Challenge- R 2:00 .25 Bingo Maniacs- DR 3:00 Ice Cream Sandwiches- L 3:30 Top News of the Day- R 6:00 Coffee & Snacks in the Bistro- 1</p>	
12	13	14	15	16	17	18	
<p>9:00 Visiting Communion with St. Jude's 9:30 Coffee & Snacks in the Bistro- 1 10:30 Church Service with Jennifer- 2 12:00 Trader Joe's Flower Pick Up- Fireplace 2:00 Brainbusters Puzzle Challenge- R 2:30 "One More Time" Band Live Music- DR 3:00 Movie Matinee: Dad- 3 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 Chair Yoga with Jennifer- 2 11:00 Sharing Oral Histories- 2 2:00 Monday Sundae Social- L 2:15 Reliant Workshop: New Year, New You-DR 3:00 Residents Choice Card Games- 2 6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 Dance Fitness: Baishou Dance- 2 11:00 Morning Mental Fitness- 2 2:00 Cooking Class: Bang Bang Cauliflower- DR 3:15 Drawing Fundamentals with Sara Jane- DR 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>10:00 Stonebriar Mall - O 10:00 "Rise & Shine" Ivy Snack Cart- L 10:00 "Thin to Win" Exercise with Reliant Home Health- 2 10:30 Country Gospel Hits on DVD- 3 11:00 Live Chinese Silk Fan Dance- L 11:30 "Celebrate China" Luncheon- DR 2:00 Target- O</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:15 Tai Chi Exercise Class- 2 10:30 Glimpse Into History: Chinese New Year- 2 1:30 Who Was The Real Jesus? Story- 3 2:00 .25 Bingo Maniacs- DR 3:15 Activity Planning Meeting- DR 6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 Marshalls- O 10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 "The Blessing Hour" Worship- 2 10:30 Mad Gab Friday Challenge- R 2:30 Happy Hour with Richard Barry: Keyboard Classics – DR 3:30 Stories of Inspiration- R 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>9:30 Coffee & Snacks in the Bistro- 1 10:00 Physical Fitness Challenge- R 10:30 Brainbusters Puzzle Challenge- R 2:00 Elvis Lives! Live Musical Performance from the King himself- DR 3:30 Top News of the Day- R 6:00 Coffee & Snacks in the Bistro- 1</p>	
19	20	21	22	23	24	25	
<p>9:00 Visiting Communion with St. Jude's 9:30 Coffee & Snacks in the Bistro- 1 10:30 Church Service with Jennifer- 2 12:00 Trader Joe's Flower Pick Up- Fireplace 2:00 Brainbusters Puzzle Challenge- R 2:00 Ice Cream Soda Sunday- L 3:00 Movie Matinee: Get Low- 3 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 Chair Yoga with Jennifer- 2 11:00 Through the Decades: The 50's- 2 2:00 Monday Sundae Social- L 2:15 Discovery Series: Healthy Eating: The Inflammation Connection- DR 3:00 Residents Choice Card Games- 2 6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 Dance Fitness: Cham Cham - 2 11:00 Morning Mental Fitness- 2 2:00 Cooking Class: 3 Ingredient Recipes - DR 3:15 "Paint Creations "Paint-By-Numbers- DR 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:00 "Thin to Win" Exercise with Reliant Home Health- 2 10:30 Bible Study with Mark – 2 11:00 Lunch Outing to Saltgrass Steakhouse- O 2:00 Walmart- O 3:00 Wine & Western Wednesday- L</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:15 Tai Chi Exercise Class- 2 10:30 Glimpse Into History: Elvis Lives! - 2 1:30 "Existence of Jesus" Documentary- 3 2:00 .25 Bingo Maniacs- DR 3:15 "Chef's Chats" Food Committee Meeting- DR 6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 Dollar Tree/Albertsons- O 10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 "The Blessing Hour" Worship- 2 10:30 Mad Gab Friday Challenge- R 2:30 Happy Hour with Byron Haynie: The Country Classics – DR 3:30 Stories of Inspiration- R 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>9:30 Coffee & Snacks in the Bistro- 1 10:00 Physical Fitness Challenge- R 10:30 Brainbusters Puzzle Challenge- R 2:00 .25 Bingo Maniacs- DR 3:00 Ice Cream Sandwiches- L 3:30 Top News of the Day- R 6:00 Coffee & Snacks in the Bistro- 1</p>	
26	27	28	29	30	31		
<p>9:00 Visiting Communion with St. Jude's 9:30 Coffee & Snacks in the Bistro- 1 10:30 Church Service with Jennifer- 2 12:00 Trader Joe's Flower Pick Up- Fireplace 2:00 Brainbusters Puzzle Challenge- R 2:00 Ice Cream Soda Sunday- L 3:00 Movie Matinee: Happy Tears- 3 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 Chair Yoga with Jennifer- 2 11:00 Art & Culture: Exploration of Chinese Creative Arts -2 2:00 Monday Sundae Social- L 2:15 Cooking Demo with Chef Diop-DR 3:00 Residents Choice Card Games- 2 6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 Dance Fitness: Bollywood- 2 11:00 Morning Mental Fitness- 2 2:00 Cooking Class: Delectable Desserts- DR 3:15 Craft Creations" Chinese Lanterns- DR 6:00 Coffee & Snacks in the Bistro- 1</p>	<p>10:00 "Good Neighbors" Volunteers: Reading Stories to Montessori Children-O 10:00 "Rise & Shine" Ivy Snack Cart- L 10:00 "Thin to Win" Exercise with Reliant Home Health- 2 10:30 Country Gospel Hits on DVD- 3 2:00 Target- O 3:00 Wine & Western Wednesday- L</p>	<p>10:00 "Rise & Shine" Ivy Snack Cart- L 10:15 Tai Chi Exercise Class- 2 10:30 Glimpse Into History: Elvis "The Final Hours" - 2 1:30 The 12 apostles Documentary- 3 2:00 .25 Bingo Maniacs- DR 3:15 ED Meeting with Sara Jane- DR 6:00 "Riddle Me This"- Receptionist</p>	<p>10:00 Chicos- O 10:00 "Rise & Shine" Ivy Snack Cart- L 10:30 "The Blessing Hour" Worship- 2 10:30 Mad Gab Friday Challenge- R 2:30 Happy Hour with Norris Perry: Smooth Vocal Classics – DR 3:30 Stories of Inspiration- R 6:00 Coffee & Snacks in the Bistro- 1</p>	<p> Say Happy Birthday to our January babies! Glenda L 12th Nita N 30th</p>	

Note: Scheduled activities and events are subject to change without prior notice. Please see Life Enrichment staff for any possible changes and/or updates.

ALF # 104787

